

DR. CASS INGRAM

The Lyme Disease Cure

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Table of Contents

	Foreward	7
	Introduction	11
Chapter One	Nature as the Cure	19
Chapter Two	Internal Attack	29
Chapter Three	Biogermes on the Loose	37
Chapter Four	Conspiracy to Kill	45
Chapter Five	Lab Freaks and Bizarre Yeasts	57
Chapter Six	Danger in the Woods	67
Chapter Seven	Preventive Medicine	90
Chapter Eight	Is Lyme Weaponized Syphilis?	99
Chapter Nine	Neurological Lyme	111
Chapter Ten	Natural Cures to the Rescue	131
Chapter Eleven	Complications and Syndromes	145
Chapter Twelve	Co-Infections	161
Chapter Thirteen	Do's and Don'ts in Fighting Lyme	171
Chapter Fourteen	Nutrients Against Lyme	187
Chapter Fifteen	Recipes and Menus	197
Chapter Sixteen	The Lyme Child	237
Chapter Seventeen	Conclusion	243
	Appendix A	250
	Bibliography	257
	Index	260



Foreward

No doubt, it is far easier to speak of any issue not from mere book knowledge but, rather, from personal experience. This is surely the case in regard to medical diseases, for doctors as well as patients. Nowhere could this be more true than with Lyme disease. It has been denied for years that it is such a potentially dire issue—a true global pandemic. Since this disease has become manifested the medical profession has been less than forthcoming, surely less than honest regarding it. As a result, Lyme has not been taken as seriously as it should be.

People have let their guard down, especially in the medical profession, the warnings of caution are not sufficient. Prevention should be a national issue. Yet, it is not. Instead there's infighting about what kind of therapy to give and how long to give it. As a result, there is no cooperation, no global awareness campaign. Thus, people have contracted the disease when it could have been prevented. Plus, there is no open-mindedness to any degree, so that all potential modalities of treatment are offered to patients.

8 The Lyme Disease Cure

After suffering a number of tick bites I had become a sort of expert on just what could be contracted directly from ticks. Usually, though, these were diseases other than Lyme or, perhaps, a less severe form than the modern type. Even so, once I did develop single joint disease plus cardiac symptoms, the latter representing a possible case of cardiac Lyme. Yet, it was rapidly resolved through relatively aggressive use of natural spice-based germicides, edible oil of wild oregano in a super-strength form, along with an aromatic water known as wild juice of oregano. It didn't take long for the symptoms to be purged, about two weeks, and the more aggressive I was in the use of such natural cures the more rapidly the syndrome responded. This was some 10 years before I had written this book. There were no sequelae of any kind.

Yet, even with contracting multiple tick bites over the years, I had never endured anything that was absolutely dire, in fact, so dire that little could be done to reverse it, at least not until now. This time it was different. I suffered the bite of all bites, in this case by a stealth pathogen from the unseen, the miniscule nymphal form of the so-called deer tick, *Ixodes scapularis*.

What a cataclysm it was, one that, seemingly, even I with all I knew could not readily stop. It was as if all the most dire and deadly aspects of such a disaster worked in sync. The fact that a tick bite occurred was not realized, at least not until the infection was well established. Why? It was because of the location of the bite, not on any visible part of the body but, rather, in the middle of the back. Unknowingly, I had been sleeping on that engorged tick, night after night. Nor could I have known that in those oppressive days of the disease's origin what was systematically developing on my back. This was a massive bullseye rash. I simply had no idea, not until I felt like I was dying, as if burning up alive, as if losing my mind.

“Why does my head feel like it is exploding?” Also, “What is this horrible sensation on my back? It’s burning so badly. What is it?” After turning around and looking in the mirror, there it was, a bullseye rash the size of a flattened football.

It was now too late *not* to suffer. While the tick was long gone, who knows how long it was there? Who knows what it injected? Whatever that injection was it had already attacked my brain and spinal cord. The suffering was nothing less than horrific, so agonizing and extreme that it is hard to describe. It was also terrifying. Yes, terrifying, even for such an experienced man of the wilderness.

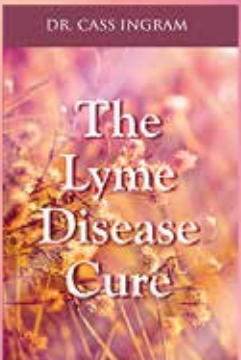
During the most difficult phases of this cataclysm many thoughts went through my mind, especially when the illness proved so resistant to the therapeutic approach that was applied. It was obvious that the pathogen(s) was attacking the most critical organ systems of the body, particularly the bloodstream, immune organs, and central nervous system. “Would it be possible to even survive this?” I wondered. “Couldn’t this have been prevented? It would have been so much easier not to go through this pain, this agony.” Yet, it was not to be so. It had to be this way. *It was meant to be*. Otherwise, I would never have known, never been able to pen these words, never been capable of probing and discovering the deeper truths. Then and only then could the ultimate result be achieved. This is to share—and to care—as well as to shed light on all that could be shed, including the necessary love: for all those who have likewise suffered.

In fact, there was no other way to consider it. There had to be a reason to suffer this immensely. It must be for the greater good, for the higher road. It must be to do what can be done to aid humankind—what could be greater than that?

10 The Lyme Disease Cure

Humankind: what kind of word is this? *Human-kind*. Kindness to the fellow human? The milk of *human kind-ness* to those desperately in need? To those who are suffering in a way that is so dire that it cannot even be described, who are in need of help with no hope in sight and no idea where to turn? Surely, this is the higher purpose, perhaps, the only one, for human existence.

It is a high road: to share love and kindness to others and to do so without any need for return or reward. There could be no better realm nor any superior reward. To this end this book is dedicated, to all those have suffered endlessly and who wish to suffer no more.



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